



PRIDE+ Bulletin

December/January 25/26

The aim of this current awareness bulletin is to provide a digest of recent guidelines, reports, research and best practice on LGBTQ+ issues

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News

[EPAH, WPATH, and USPATH Release Joint Statement on Ethical Concerns Regarding UK PATHWAYS Trial](#)

The European Professional Association for Transgender Health, January 2026

As organizations dedicated to advancing high-quality, evidence-based transgender healthcare, we fully support rigorous research. However, the current PATHWAYS study design raises several issues that conflict with internationally recognized ethical standards for clinical research and adolescent care.

[My Trans GP](#)

A new community-led initiative is crowd-sourcing information about GPs who are inclusive and supportive of Trans+ patients. My Trans GP has now gathered over 900 reviews for the over 9000 GPs listed in the UK. The platform allows users to share reviews of doctors, nurses, and event reception staff, as well as to log important details, such as whether the GP supports shared care, prescribing, monitoring, referrals, and record updates.

[One in six children who died by suicide were LGBTQ+, new data shows](#)

Queer AF, January 2026

Between April 2019 and March 2025, 107 of the 647 children who died by suicide in England were LGBTQ+. Forty-six of these children were trans – seven per cent of all children who died by suicide.

[People from sexual minorities really do die younger, new data suggests](#)

The Conversation, January 2026

New data has revealed something the UK has never seen before: clear evidence that sexual minority people die earlier, and at higher rates, than their straight or heterosexual peers. People identifying as lesbian, gay, bisexual or another minority sexual orientation were 30% more likely to die from any cause during the study period than those identifying as straight or heterosexual.

[Supreme Court decision does not require Trans+ bathroom ban, Scottish court says](#)

Queer AF, December 2025

A high-profile Scottish Employment tribunal has ruled that the Supreme Court's ruling in the case of For Women Scotland does not require Trans+ people to be segregated from single sex bathrooms and changing areas. It is a significant victory for Trans+ rights, amid ongoing legal disputes about the meaning of the court decision.

**Published research****Accelerated Social Aging in the Lesbian and Gay Community: Psychosocial Factors Influencing Aging Perceptions in Lesbian and Gay Adults** [email ulth.library.lincoln@nhs.net to request]**International journal of aging & human development, November 2025**

Lesbian and gay individuals face unique experiences and expectations associated with growing older. The study provides a preliminary model of how lesbian and gay adults view their aging and identifies psychosocial risk and resilience factors.

Behavioural and social factors in the use of HIV pre-exposure prophylaxis among gay, bisexual and other men who have sex with men [email ulth.library.lincoln@nhs.net to request]**Primary Health Care, January 2026**

Gay, bisexual and other men who have sex with men (GBMSM) remain disproportionately affected by HIV. Reducing stigma, promoting inclusivity and facilitating equitable PrEP provision is crucial. GBMSM accessing PrEP care need culturally competent care, integrated risk reduction strategies and mental health support and counselling.

Changes in Suicidality among Transgender Adolescents Following Hormone Therapy: An Extended Study [email ulth.library.lincoln@nhs.net to request]**The Journal of Pediatrics, January 2026**

This study aimed to examine changes in suicidality following hormone therapy among transgender and gender-diverse adolescents and young adults. Suicidality significantly declined from pretreatment to post-treatment. This effect was consistent across sex assigned at birth, age at start of therapy, and treatment duration.

Diversity in Surgery: Ethnic, Gender, and LGBTQ+ Representations Among United Kingdom Surgical Residents and Consultants**Journal of Surgical Education, January 2026**

Diversity within the surgical workforce is not just a matter of equity, but a determinant of quality in patient care. Diverse healthcare teams achieve better outcomes, higher patient satisfaction, and improved team functioning. Responses of 7906 trainees and 7621 consultant trainers were analyzed. Women were underrepresented in the majority of specialties, as were those identifying as LGBTQ+ amongst consultants.

Exploring LGBTQ+ people's experiences of long-term and end of life care services [email ulth.library.lincoln@nhs.net to request]**Nursing Standard, January 2026**

In this article, the author examines some of the challenges experienced by LGBTQ+ people in accessing long-term and end of life care services, and discusses issues related to the concealment and disclosure of sexual orientation and gender identity. The author explores some of the ways in which nurses, educators and healthcare organisations might improve the representation and inclusion of LGBTQ+ people in end of life care services.

“The worst thing I’ve ever experienced” – comparing experiences of affirmative and non-affirmative healthcare provision for trans adolescents in the UK**International Journal of Transgender Health, January 2026**

This article provides lived experience perspectives on the harms and failings in non-affirmative healthcare provision in NHS children's gender clinics in the UK. It also provides lived experience insight on the benefits and strengths of affirmative healthcare provision, that were unanimously desired and found beneficial by those interviewed.



Blogs / Commentary / Editorials / Opinion Pieces

[Biphobia is sending our community back into the closet — here's what we can do](#)

Queer AF, January 2026

Although bi people comprise half of the LGBTQIA+ community according to the last census, there are proportionately few bi-specific spaces. Not only is our identity constantly invalidated, but so is the discrimination that comes with it.

[Building Everyday Support for LGBTQIA+ Professionals](#)

Practice Business, January 2026

It is vital that the workplace becomes more than just a place of employment – it must also be an environment of care, acceptance and safety. Yet, in today's politically charged climate, fear and anxiety among LGBTQIA+ people is often heightened. Acts of visible allyship like joining Pride or signposting safe spaces can be meaningful when they come from a place of genuine intent – but real support goes far deeper than that.

[Don't underestimate our grandparents' generation in the fight for LGBTQIA+ rights](#)

Queer AF, January 2026

We're often taught to treat our grandparents' as people to be wary of when we come out – people whose reaction might be awkward or quietly devastating. We are taught to manage expectations, to soften language and prepare for disappointment, with the familiar refrain that 'they are from a different time'. But that approach overlooks the nuances, care and love that the elder generation can have for queer family members.

[The Bi culture: does bisexuality exist?](#)

Lampoon, December 2025

Within the LGBTQ+ community, bisexual people often describe a double marginalization – erased by heteronormativity and distrusted by the queer movement. Psychologist and researcher Julia Shaw defines this as a 'social invisibility mechanism': a tendency to simplify attraction into fixed categories, refusing the middle ground.

[Books / Audiobooks](#)

A selection of newly published books from the LGBTQ+ community. (Please note these are not held by the Library Service but are available from the usual book retailers).

[Dead & Breakfast by Kat Hillis and Rosie Thor](#)

Husbands Arthur and Sal are totally normal. They wear sunscreen, not because the sun can kill them, but because even the undead need a skincare regimen. Ready to settle down and stay out of trouble, the two open a bed & breakfast. But trouble finds them when the mayor is discovered dead in their begonias with two puncture wounds in his neck.

[Outrage: How To Fight for LGBTQ+ Lives by Ellen Jones](#)

Complete equality for LGBTQ+ people should be our benchmark. But despite massively increased visibility in mainstream life and culture, the queer community is facing unacceptable levels of prejudice and danger – from the rise in homophobic and transphobic violence to the rollback of hard-fought-for rights across the globe.

[Swordcrossed by Freya Marske](#)

Mattiness Jay, heir to his family's struggling business, needs his arranged marriage to go off without a hitch. But if he's to successfully restore his house's fortunes, Matti must first hire a swordsman to defend him against any sword-challenges at the altar. Unfortunately, the only duellist he can afford is part-time con artist and full-time charming menace Luca.